



West Hawai'i Mediation Center

Working It Out Together

April 2016

Mediator Spotlight



Teresa

This month we recognize Teresa as our featured mediator. Mediating for over 25 years, she is an essential component to our mediator team. With Teresa's knowledge and years of experience, she is a great resource for co-mediators, new mediators and staff.

Teresa shares what has kept her mediating for so many years: "The reason I am so happy to be a mediator is because I am happy to experience how people really try to work together to find solutions to their problems; also in many cases people are so grateful to tell their stories to a sympathetic ear."

Thank you, Teresa, for your many years of dedication to the Center. We look forward to working with you and learning from you for many years to come.

WHMC relies on volunteer mediators to help us meet the needs of our constituents. To learn more about how to become a volunteer mediator contact us at (808) 885-5525 or at info@whmediation.org

Upcoming Events

Walk for West Hawai'i Mediation Center at The Visitor Industry Charity Walk May 14, 2016 Waikoloa Beach Resort



Come walk with WHMC to help support the Center and the important work we do. Walkers are treated to food, drink, and fun!



The walk (3.5 miles) starts at 7:00 a.m. and lasts approximately 1-2 hours. Runners start at 6:30 a.m.

Each participant gives a \$35 donation and may gain additional donations by obtaining sponsors. If you choose not to walk but would still like to participate, you are welcome to simply give a donation. Please make checks payable to Visitor Industry Charity Walk.

If you would like a newly designed WHMC t-shirt, we ask for an additional \$5 donation made to West Hawai'i Mediation Center.

We are looking forward to a fun day together as we walk together to help improve the lives of our Island 'ohana.

WHMC in the Schools

Peer Mediation Gears Up for the End of the School Year



One of the wonderful side benefits of working with schools is that you have opportunities to reflect in the Spring and then start anew in the Fall. During the months of April and May, our focus shifts from training, outreach, and program support to data collection and mediator recognition. It is a time to step back and identify areas of focus and improvement for the coming

year - as well as celebrate our successes. It is a time to say *Mahalo* to the school-based peer mediation coordinators, without whom these programs would not exist. We also honor the peer mediators with small gifts, certificates, and luncheons. Lastly, we meet with elementary school mediators and encourage them to serve as mediators once they matriculate to middle school. These efforts help us to achieve our goal of program sustainability at each of our partnering schools.

On April 21st Robyn Skudlarek, Youth Programs Coordinator, will attend the 2nd Annual Hokupa'a Summit at the Hilton. Hokupa'a is a unique collaboration between many stakeholders that are working to create better outcomes for Hawai'i Island youth ages 11-25. Hokupa'a has the potential to achieve some important goals for our communities.

You can find out more about their work by visiting the following link:

<http://hokupaa.hawaii-conference.com/>

If you are interested in learning more about peer mediation or would like to volunteer for the program during the 2016-17 school year, please contact Robyn Skudlarek at rskudlarek@whmediation.org

Training & Education at WHMC

In addition to hosting our own trainings and events, WHMC works in partnership with other organizations to highlight important community activities that may be of interest to our community of friends and supporters.

MYERS-BRIGGS: Understanding our Perceptions and Judgments

Friday, April 29, 2016

Our sister mediation center, Ku'ikahi Mediation Center, located in Hilo has invited instructor Joan Shafer to provide a community workshop that will explore how we use perception and judgment in our everyday lives. This is a great opportunity for people who want to understand themselves and others better. Joan Shafer, a Cultural Transformation Specialist, introduces this theory of psychological-typing for our understanding and use in our personal and professional lives.

Tuition is \$60; group discounts and partial scholarships are available for WHMC mediators and our friends and supporters. This workshop takes place in Hilo from 9:00 a.m. to 1:00 p.m.

If you would like to sign-up or would like to know more, please contact Jenifer at Ku'ikahi Mediation Center at 935-7844 x 1 or jenifer@hawaiimediation.org

WHMC in the Community

Rotary Club of Kona Mauka

WHMC will attend this weekly meeting in Kona on May 1, 2016 to continue our mission to inform the West Hawai'i community of the services we provide.

We aim to make our services known throughout Hawai'i Island and we welcome any opportunity to speak with any of our West Hawai'i community members about what we do and the services we offer.

This specific event is open to Rotary Club of Kona Mauka members only.

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WHMC empowers individuals, organizations and communities to resolve conflict by providing mediation, facilitation and education services.

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