Pre-Mediation Information for Participants

What is the Purpose of Mediation?

 provide a safe place for two parties to come together to determine the best possible solution/resolution to their issues and to write an agreement for how they will move forward productively.

What do Mediators Do?

- hold a neutral, objective third-party space
- assist both parties to communicate their needs and interests
- help parties to hear each other
- identify the issues and interests
- encourage creative brainstorming for solutions
- write-up the parties' agreement

What do Mediators NOT do:

- talk with others outside the mediation about the mediation
- determine who is "right" or "wrong"
- evaluate evidence
- do counseling
- give legal advice or tell parties what to do

What Mediation is NOT:

- proving that one party is right and the other is wrong
- convincing the other party to give up what they think is important
- changing one person's personality or values
- assigning blame or punishing someone

Expectations of the Participants

- Be committed to moving forward to find resolution.
- Be willing to clearly state your needs and interests.
- Be willing to explore and create possible solutions to resolve the conflict.
- Be willing to determine and agree on a resolution both parties agree on.

Mediation Process

- 1. Opening statement from mediators
- 2. Opening statement from both parties (a brief overview of the issues)
- Individual sessions (identifying key issues and interests, generate options)
- 4. Mediator private meetings
- 5. Joint session for building and writing up an agreement